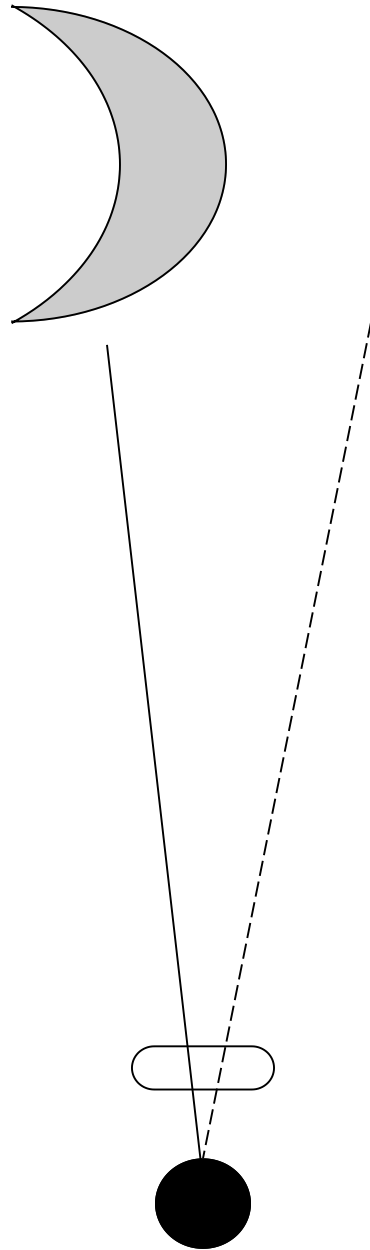


“You better check yo self before you
wreck yo self.”

- Ice Cube, rapper

The greater the distance to our destination, the more we have to check our practice to make sure we are on the right path.



Destination is far away, a few degrees off at the start you end up million miles away.

Destination is close, a few degrees off on your practice you might still make it

