

Preparing Your Mind

“Mind Over Matter”

**Your Mind and What Truly
Matters**

Philippians 4:5-9

Live what you say you believe

Let them see

Philippians 4:5a

**Let your moderation be known
unto all men. The Lord is at
hand.**

Live what you say you believe

Let them see

Moderation-self control

II Corinthians 4:3

**But if our gospel be hid, it is
hid to them that are lost:**

Live what you say you believe

Let them see

Moderation-self control

The Lord has got this

Philippians 4:5b

**Let your moderation be known
unto all men. The Lord is at
hand.**

Worry is the enemy of faith

~~Worry~~ – Pray

Philippians 4:6a

Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

Worry is the enemy of faith

~~Worry~~ – Pray

~~Question~~ – go ask

Philippians 4:6b

Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

Worry is the enemy of faith

~~Worry~~ – Pray

~~Question~~ – go ask

~~Complain~~ – be thankful

Philippians 4:6c

Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

Worry is the enemy of faith

~~Worry~~ – Pray

~~Question~~ – go ask

~~Complain~~ – be thankful

~~Tell everyone~~ – tell God

Philippians 4:6

Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

Peace and stability (even now)

Joshua 1:9

Have not I commanded thee? Be strong and of a good courage; be not afraid, neither be thou dismayed: for the LORD thy God is with thee whithersoever thou goest.

Peace and stability (even now)
Unexplainable

Philippians 4:7a

**And the peace of God, which
passeth all understanding, shall
keep your hearts and minds
through Christ Jesus.**

Peace and stability (even now)

Unexplainable

The calming hope

Our hearts

Philippians 4:7b

**And the peace of God, which
passeth all understanding, shall
keep your hearts and minds
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Peace and stability (even now)

Unexplainable

The calming hope

Our hearts

Our minds

Philippians 4:7c

**And the peace of God, which
passeth all understanding, shall
keep your hearts and minds
through Christ Jesus.**

Peace and stability (even now)

Unexplainable

The calming hope

Our hearts

Our minds

Through Christ

Philippians 4:7

**And the peace of God, which
passeth all understanding, shall
keep your hearts and minds
through Christ Jesus.**

How

(Even IBM figured it out)

GIGO

**Not tricks for the mind, but
truth**

Fill your mind with:
Truth

Philippians 4:8a

**Finally, brethren, whatsoever things
are true,**

John 17:17

Sanctify them through thy truth: thy word is truth.

Fill your mind with:

Truth

Honesty

Philippians 4:8b

Finally, brethren, whatsoever things are true, whatsoever things are honest,

I Peter 2:12

Unto whom it was revealed, that not unto themselves, but unto us they did minister the things, which are now reported unto you by them that have preached the gospel unto you with the Holy Ghost sent down from heaven; which things the angels desire to look into.

Fill your mind with:

Truth

Honesty

Justices (that which is right)

Philippians 4:8c

Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just,

Hosea 12:6

**Therefore turn thou to thy God:
keep mercy and judgment, and
wait on thy God continually.**

Fill your mind with:

Truth

Honesty

Justices (that which is right)

Purity

Philippians 4:8d

Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure,

James 3:17

But the wisdom that is from above is first pure, then peaceable, gentle, and easy to be intreated, full of mercy and good fruits, without partiality, and without hypocrisy.

Psalm 101:3

**I will set no wicked thing before
mine eyes: I hate the work of them
that turn aside; it shall not cleave
to me.**

Fill your mind with:

Truth

Honesty

Justices (that which is right)

Purity

Lovely

Philippians 4:8e

Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely,

1 Peter 4:8

And above all things have fervent charity among yourselves: for charity shall cover the multitude of sins.

John 15:12

This is my commandment, That ye love one another, as I have loved you.

Fill your mind with:

Truth

Honesty

Justices (that which is right)

Purity

Lovely

Good reports

Philippians 4:8f

Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report;

Isaiah 52:7

How beautiful upon the mountains are the feet of him that bringeth good tidings, that publisheth peace; that bringeth good tidings of good, that publisheth salvation; that saith unto Zion, Thy God reigneth!

**Change your thoughts, change
your actions**

Your mood

Philippians 4:8

Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.

Proverbs 3:7

Be not wise in thine own eyes: fear the LORD, and depart from evil.

Change your thoughts, change your actions

Your mood

Even your sick feeling in the middle of
your stomach

Proverbs 17:22

**A merry heart doeth good like a
medicine: but a broken spirit
drieth the bones.**

**Pass it on, others need to be
encouraged**
Share the knowledge

Philippians 4:9a

Those things, which ye have both learned, and received, and heard, and seen in me, do: and the God of peace shall be with you.

**Pass it on, others need to be
encouraged**

Share the knowledge

Share the peace

Philippians 4:9b

Those things, which ye have both learned, and received, and heard, and seen in me, do: and the God of peace shall be with you.