



# **Your Outlook Needs To Be An “Up Look”**

**I Peter 4:1-5**

**Time to step up**

**You have seen the example**

When the  
outlook is not  
good, try the  
uplook.

## 1 Peter 4:1a

**Forasmuch then as Christ hath suffered for us in the flesh, arm yourselves likewise with the same mind: for he that hath suffered in the flesh hath ceased from sin;**

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## Hebrews 12:1-2

**:1 Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us,**

**:2 Looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God.**

**Time to step up**

**You have seen the example**

**Arm yourself**

**Mind**

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uplook.

## 1 Peter 4:1b

Forasmuch then as Christ hath suffered for us in the flesh, **arm yourselves likewise with the same mind:** for he that hath suffered in the flesh hath ceased from sin;

## Philippians 2:5

**Let this mind be in you, which was also  
in Christ Jesus:**

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## Psalm 119:11-16

**:11 Thy word have I hid in mine heart, that I might not sin against thee.**

**:12 Blessed art thou, O LORD: teach me thy statutes.**

**:13 With my lips have I declared all the judgments of thy mouth.**

**:14 I have rejoiced in the way of thy testimonies, as much as in all riches.**



**:15 I will meditate in thy precepts, and have respect unto thy ways.**

**:16 I will delight myself in thy statutes: I will not forget thy word.**

## Proverbs 4:21-22

**:21 Let them not depart from thine eyes; keep them in the midst of thine heart.**

**:22 For they are life unto those that find them, and health to all their flesh.**

**Time to step up**

**You have seen the example**

**Arm yourself**

**Mind**

**Outlook determines  
outcome**

**Soul**

## 1 Peter 4:1c

Forasmuch then as Christ hath suffered for us in the flesh, arm yourselves likewise with the same mind: **for he that hath suffered in the flesh hath ceased from sin;**

## II Corinthians 5:17

**Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.**

good, try the  
uplook.

# Proverbs 4:23

**Keep thy heart with all diligence; for out of it  
are the issues of life.**

When the  
outlook is not  
good, try the  
uplook.

**No retreat**  
**From now on**

A green oval graphic with a white fish swimming to the right. Inside the oval, the text "When the outlook is not good, try the uplook." is written in white, with "uplook" being a pun on "uplook".

When the  
outlook is not  
good, try the  
uplook.

## 1 Peter 4:2

**That he no longer should live the rest of his time in the flesh to the lusts of men, but to the will of God.**



**No retreat**

**From now on**

**The past is the past**

When the  
outlook is not  
good, try the  
uplook.

## **1 Peter 4:3**

**For the time past of our life may suffice us to have wrought the will of the Gentiles, when we walked in lasciviousness, lusts, excess of wine, revellings, banquetings, and abominable idolatries:**

## Proverbs 4:24-27

**:24 Put away from thee a froward mouth, and perverse lips put far from thee.**

**:25 Let thine eyes look right on, and let thine eyelids look straight before thee.**

**:26 Ponder the path of thy feet, and let all thy ways be established.**

**:27 Turn not to the right hand nor to the left: remove thy foot from evil.**

# 1 Corinthians 6:9-11

**:9 Know ye not that the unrighteous shall not inherit the kingdom of God? Be not deceived: neither fornicators, nor idolaters, nor adulterers, nor effeminate, nor abusers of themselves with mankind,**

**:10 Nor thieves, nor covetous, nor drunkards, nor revilers, nor extortioners, shall inherit the kingdom of God.**

**:11 And such were some of you: but ye are washed, but ye are sanctified, but ye are justified in the name of the Lord Jesus, and by the Spirit of our God.**

**No retreat**

**From now on**

**The past is the past**

**Don't be pushed back**

When the  
outlook is not  
good, try the  
uplook.

## 1 Peter 4:4

**Wherein they think it strange that ye run not with them to the same excess of riot, speaking evil of you:**

# Proverbs 1:10

**:10 My son, if sinners entice thee, consent thou not.**

When the  
outlook is not  
good, try the  
uplook.



**:11 If they say, Come with us, let us lay wait for blood, let us lurk privily for the innocent without cause:**

**:12 Let us swallow them up alive as the grave; and whole, as those that go down into the pit:**

**:13 We shall find all precious substance, we shall fill our houses with spoil:**

**:14 Cast in thy lot among us; let us all have one purse:**

**:15 My son, walk not thou in the way with them; refrain thy foot from their path:**

When the  
outlook is not  
good, try the  
uplook.

**Victory is ours**

**No condemnation**

When the  
outlook is not  
good, try the  
uplook.

# 1 Peter 4:5

**Who shall give account to him that is ready to judge the quick and the dead.**

outlook is not  
good, try the  
uplook.

## **Romans 8:1-4**

**:1 There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit.**

**:2 For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death.**

**:3 For what the law could not do, in that it was weak through the flesh, God sending his own Son in the likeness of sinful flesh, and for sin, condemned sin in the flesh:**

**:4 That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit.**

**:37 Nay, in all these things we are more than conquerors through him that loved us.**

**:38 For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come,**

**:39 Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.**

**Victory is ours**

**No condemnation**

**Awards ceremony**

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outlook is not  
good, try the  
uplook.



## **II Timothy 4:7-8**

**:7 I have fought a good fight, I have finished my course, I have kept the faith:**

**:8 Henceforth there is laid up for me a crown of righteousness, which the Lord, the righteous judge, shall give me at that day: and not to me only, but unto all them also that love his appearing.**